

WHITEHEAD PRIMARY SCHOOL

22 January – 16 February 2024

YEARS 5 – 7

The menu is based on 'healthy-eating'. All meals are priced at **£2.60** and will include the choices set out below. I would thoroughly recommend the meals for their nutritious value.

Dinners must be booked and paid for by logging onto the School Money System. If your child is entitled to free meals you can book on the School Money System, but payment will not be requested.

	Monday 22	Tuesday 23	Wednesday 24	Thurs 25	Friday 26
Choice A	Hot Dog & chips Coleslaw Salad	Savoury mince Mashed potato carrot	Lunch Bunch chicken curry & naan bread, rice	Roast beef, mashed/roast potatoes, carrots, parsnip/savoy cabbage	Margherita pizza Chips Salad/coleslaw
Choice B	Crispy cod fishcakes Chips Salad & coleslaw	Italian chicken & tomato pasta, garlic bread	Chicken panini & wedges	As above with chicken casserole instead of roast beef	Fish goujon in soft shell taco & tomato salsa, chips, salad/coleslaw
	Fresh fruit pot & biscuit	Banana yoghurt pot	Chocolate sponge & custard	Strawberry jelly, ice-cream, fruit	Strawberry mousse & fruit
	Monday 29	Tuesday 30	Wednesday 31	Thurs 1	Friday 2
Choice A	Sausage roll, chips, Spaghetti hoops	Pasta Bolognaise Garlic bread Sweetcorn	Lunch Bunch chicken curry, naan bread, rice	Roast chicken, mashed/ roast potatoes, cauliflower, carrots	Beef burger in a bap with tomato ketchup Chips, tossed salad
Choice B	Sweet & sour chicken Boiled rice	BBQ chicken pizza Oven wedges Salad	Salad filled pitta with pulled pork & coleslaw	As above with poached salmon instead of chicken	Peppered chicken Steamed rice
	Ice-cream, sliced pears, chocolate sauce	Zesty orange sponge & custard	Fresh fruit salad & yoghurt	Homemade muffin	Flakemeal biscuit & fruit
	Monday 5	Tuesday 6	Wednesday 7	Thurs 8	Friday 9
Choice A	Golden crumbed fished fingers, chips, baked beans	Italian beef with crusty roll Pasta	Lunch Bunch chicken curry, naan bread, rice	BUFFET Cocktail sausage roll, pizza slice, chicken goujon, chips	Tasty pork sausages with tomato ketchup, chips, spaghetti hoops
Choice B	Mighty mac & cheese with garlic bread slice	Pepperoni/ Margherita pizza Salad, diced potato	Steak burger in a bap & cheese	-----	Salt n chilli chicken wrap with garlic mayo
	Artic roll with peaches & pears	Fresh fruit pot	Lemon drizzle cake & custard	Melon wedge	Decorated fairy cake
	Monday 12	Tuesday 13	Wednesday 14	Thurs 15	Friday 16
	SCHOOL CLOSED	SCHOOL CLOSED	SCHOOL CLOSED	SCHOOL CLOSED	SCHOOL CLOSED

Fruit and yoghurt are available daily as alternative to pudding.

Milk and water available free to each child.

Due to changes in nutrition regulations we are no longer able to provide fruit juice for sale. Although an effort is made to keep to the set menu, due to various circumstances, it may occasionally be necessary to make some minor alterations to the list set out above.

If you have any dietary requirements, please contact the school.